

## **PSYCHOLOGY 3230: ADOLESCENT PSYCHOLOGY**

Mondays and Wednesdays: 2:30-3:45 pm, Room 3M71

**Instructor:** Diane Santesso

Phone: (204) 988-7536

Office hours: Mondays 10:30 am

Office: 4L04A

E-mail: d.santesso@uwinnipeg.ca

### **COURSE DESCRIPTION**

This course examines contemporary data and theory concerning the nature of adolescence. Topics to be covered include: definition and history of theory and research on adolescence; family power structure; parent-peer cross-pressure; sex role development; identification; cognitive development; and the youth culture. **PREREQUISITE:** PSYC-2200(3).

### **REQUIRED TEXTBOOK**

Author: Laurence Steinberg

Title: Adolescence

Publisher: McGraw Hill

Edition: 11th

### **COURSE OBJECTIVES**

Adolescence is a fascinating time of life from a developmental perspective because of the many physical and psychological changes that occur. Popular wisdom considers adolescence to be a time of turmoil and crisis, but is that really an accurate description? In this course we will examine adolescence as a developmental phase. We will examine biological changes such as puberty and brain development, cognitive and moral development, changes in parent and peer relationships, sexuality, gender, cultural context, and the search for identity, among other topics.

The objective of the class is to

1. Learn and understand the basic developmental changes and challenges of adolescence, through readings, discussions, and lectures.
2. Develop and/or improve one's critical thinking skills by reading the textbook, assigned articles and participating in class discussions.

Lectures will be used to (a) to clarify, illustrate or apply information brought out in the textbook; and (b) to examine material not discussed in the textbook such as journal articles and media. Students are encouraged to attend all classes, as some material covered in class is not included in the text.

### **GRADE COMPONENTS**

Exams will cover material in the textbook and readings. The format will involve multiple choice.

The final course grade will be based on the following: Exams: 1, 2 and 3 (equal weighting). Examinations will only cover lecture/reading material since the previous examination. There is no equipment authorized for use in tests/exams. Students may be asked for photo identification (U of W student card) when writing a test or examination. Students must bring pencils, and erasers to examinations.

### **GRADING SCALE**

A+	92% +
A	87 – 91%
A-	80 – 86%
B+	75 – 79%
B	70 – 74%
C+	65 – 69%
C	60 – 64%
D	50 – 59%
F	0 – 49%

Note that as for all University of Winnipeg courses, these cutoffs are tentative and may be changed in either direction by a) the professor, b) the departmental review committee, or c) the senate, when circumstances warrant.

### **IMPORTANT DATES**

September 4 – Lectures begin for the 2018 Fall Term  
October 3 – Exam 1 in class  
October 8-12 – Mid-term reading week, no classes  
November 7 – Exam 2 in class  
December 3 – Lectures end for the 2018 Fall Term  
December 19 – Exam 3, 9:00 am in class

### **MISSED EXAMINATIONS**

Students who miss the test have no automatic rights to a make-up. You **MUST** have the instructor's permission. A make-up date may be scheduled under exceptional circumstances. The instructor must be notified within 24 hours of the missed deadline AND...

For medical conditions, you must provide an attending physician's or counselor's statement. For non-medical circumstances, you must provide appropriate documentation.

### **UNIVERSITY OF WINNIPEG COURSE DROP SCHEDULE**

September 4 – Final date to pay fees without a late payment fee being charged for all courses which begin in the 2018 Fall Term.  
September 4-17 – Period when 2018 Fall Term course registration, course adds/drops and section changes occur.  
November 12 – Final date to withdraw without academic penalty from courses, which begin in September and end in December of the 2018 Fall Term.

### **ACADEMIC MISCONDUCT**

Students should be familiar with various items in the Regulations and Policies section of the Course Calendar dealing with academic regulations and policies including Senate appeals and academic misconduct (e.g. plagiarism, cheating). The information is available at: <http://www.uwinnipeg.ca/index/cms-filesystemaction/pdfs/calendar/RegulationsandPolicies.pdf>

Students facing a charge of academic or non-academic misconduct may choose to contact the University of Winnipeg Students' Association (UWSA) where a student advocate will be available to answer any questions about the process, help with building a case, and ensuring students have access to support. For more information or to schedule an appointment, visit our website at [www.theuwsa.ca/academic-advocacy](http://www.theuwsa.ca/academic-advocacy) or call 204-786-9780.

### **SERVICES FOR STUDENTS WITH DISABILITIES**

Students with documented disabilities, temporary or chronic medical conditions, requiring academic accommodations for tests/exams (e.g., private space) or during lectures/laboratories (e.g., note-takers) are encouraged to contact Accessibility Services (AS) at 786-9771 or [accessibilityservices@uwinnipeg.ca](mailto:accessibilityservices@uwinnipeg.ca) to discuss appropriate options. All information about a student's disability or medical condition remains confidential. <http://www.uwinnipeg.ca/accessibility>.

### **PLEASE NOTE**

All students, faculty and staff have the right to participate, learn and work in an environment that is free of harassment and discrimination. The UW Respectful Working and Learning Environment Policy may be found online at [www.uwinnipeg.ca/respect](http://www.uwinnipeg.ca/respect).

Students may choose not to attend classes or write examinations on holy days of their religion, but they must notify their instructors at least two weeks in advance. Instructors will then provide opportunity for students to make-up work and/or examinations without penalty. A list of religious holidays can be found at: <http://uwinnipeg.ca/academics/calendar/docs/important-notes.pdf>

We ask that you please be respectful of the needs of classmates and instructors/professors by avoiding the use of unnecessary scented products while attending lectures. Exposure to scented products can trigger serious health reactions in persons with asthma, allergies, migraines or chemical sensitivities. Please consider using unscented necessary products and avoiding unnecessary products that are scented (e.g. perfume).