

## PSYCHOLOGY 3220 - ADULT PSYCHOLOGY 2021-2022 FALL

**Instructor** Jim Clark  
**Lecture** MWF, 1:30-2:20, 4C40  
**Office Hours** M 12:30-1:20  
**E-mail** [j.clark@uwinnipeg.ca](mailto:j.clark@uwinnipeg.ca)  
**Website** [www.uwinnipeg.ca/~clark](http://www.uwinnipeg.ca/~clark) (follow the Course Information | 3220 links)  
[www.uwinnipeg.ca/~clark/teach/3220/Lectures](http://www.uwinnipeg.ca/~clark/teach/3220/Lectures) (Requires username & password)  
**Class E-mail** [psy3220@uwinnipeg.ca](mailto:psy3220@uwinnipeg.ca) (Messages go to entire class)  
**Text** Bjorklund, B. R. (2020). *The Journey of Adulthood* (9<sup>th</sup> ed.). Pearson: USA. [e-edition format from bookstore with option to buy paper]

### **Course Description**

This course examines theoretical views, research methodology, and research evidence pertaining to human functioning during adulthood and aging. In addition to examining basic processes such as memory and learning, attention will be given to such topics as job selection, marriage, retirement, life satisfaction, and death and dying.

### **Evaluation**

Evaluation is based on four Tests (20% each), a Term Test (10%), and 10 Activities (10%). On test days for Tests 1 to 3 (see schedule), students will complete about 30 multi-choice questions (75% of test mark) and a mini-essay question (25% of test mark). Only multi-choice questions will be used for Test 4 (about 30 questions) and the Term test (5 or so questions from each of chapters 1 to 9). Tests 1 to 4 will include material since the last test (see schedule). Test 4 and the term test will be written at the same time during the exam period (about 90 minutes long).

Activities are assignments done outside class, with students submitting brief comments on-line. Deadlines to complete activities are on the schedule. The Activities are worth 10% of the final mark; 1.0 mark per assignment if on time and .5 mark if late but completed before the test for that material. Assignments will be discussed in class on the day they are due.

Alternative dates for tests and activities will be considered with appropriate documentation (e.g., medical, serious family or other circumstances).

Below are the grading scheme for this course and sample mark calculations. Grades I submit are tentative and not final until approved by Senate. They may be changed by the Instructor, Department, or Senate. The **Voluntary Withdrawal date is 16 Nov.**

### **Grading**

A+	90-100	B+	75-79	C+	65-69	D	50-59
A	85-89	B	70-74	C	60-64	F	less than 50
A-	80-84						

### **Sample Mark Calculations (student marks are percentages)**

	T1	T2	T3	T4	TermTest	Act's	Final Mark	Grade
Weight	.20	.20	.20	.20	.10	.10		
Student A	65	68	80	82	72	71	73	B
Student B	74	83	89	84	80	81	82	A-

## TENTATIVE SCHEDULE

Below is a tentative schedule. Topics or dates may change if necessary. Classes will be mostly lecture and we will also discuss activities scheduled for some Fridays. Due dates for activities are 1:29pm immediately before class on the Friday dates shown under **Activity**. Printed lecture notes will be distributed on-line and in class.

Date	Week	Chapter	Activity (due date, 1:30pm)	Tests
Sep	W8	Orientation		
	M13	1: Introduction	A1: Gapminder (F Sep 17)	
	M20	2: Physical		
	M27	3: Health	A2: Behavioural change (F Oct 01)	
	30Th	<i>UW Closed Truth &amp; Reconciliation Day</i>		<b>Mon Oct 4 Test 1 (20% Ch. 1-3)</b>
Oct	W6	4: Cognitive	A3: Cognition (F Oct 8)	
	11-15	<i>Reading Week (University Closed 11 Oct UW closed Louis Riel Day)</i>		
	M18	5: Roles	A4: Children & Happiness (F Oct 22)	
	M25	6: Relationships	A5: Relationships (F Oct 29)	<b>Mon Nov 01 Test2 (20% Ch. 4-6)</b>
Nov	W3	7: Work	A6: Work (F Nov 5)	
	M8	8: Personality	A7: Personality (F Nov 12)	
	Th11	<i>UW Closed Remembrance Day</i>		
	M15	9: Meaning	A8: Religion (F Nov 19)	<b>Mon Nov 22 Test 3 (20% Ch. 7-9)</b>
	Tu16	<i>Voluntary Withdrawal Date for Fall term classes</i>		
Nov	W24	10: Stress	A9: Social Genomics (F Nov 26)	
	M29	11: Death	A10: Death (F Dec 3)	
Dec	M6	12: The Successful Journey		
Dec	10-23	Date to be determined		<b>Test 4 (20%, Ch. 10-12) &amp; Term Test (10%, Ch. 1-9) Both Multi-Choice only</b>

### University Regulations & Additional Information

Withdrawal dates for the academic year can be found at:

<https://www.uwinnipeg.ca/registration/course-drop-information.html>

Students should be familiar with the Regulations and Policies section of the Course Calendar dealing with academic regulations and policies, including Senate appeals and academic misconduct (e.g. plagiarism, cheating). See:

<http://www.uwinnipeg.ca/academics/calendar/docs/regulationsandpolicies.pdf>

All students, faculty and staff have the right to participate, learn and work in an environment that is free of harassment and discrimination. The UW Respectful Working and Learning Environment Policy may be found at:

<http://www.uwinnipeg.ca/respect>

Students may choose not to attend classes or write examinations on holy days of their religion, but they must notify their instructors at least two weeks in advance. Instructors will then provide opportunity for students to make-up work and/or examinations without penalty. A list of religious holidays can be found at:

<https://www.uwinnipeg.ca/academics/calendar/dates.html>

Students with documented disabilities, temporary or chronic medical conditions, requiring academic accommodations for tests/exams (e.g., private space) or during lectures/laboratories (e.g., note-takers) are encouraged to contact Accessibility Services (AS) at 204-786-9771 or [accessibilityservices@uwinnipeg.ca](mailto:accessibilityservices@uwinnipeg.ca) to discuss appropriate options. All information about a student's disability or medical condition remains confidential. See:

<http://www.uwinnipeg.ca/accessibility>