

Fall/Winter, 2018/2019—INTRODUCTORY PSYCHOLOGY—Psyc-1000/6-001

COURSE OUTLINE

Instructor: Dr. M. K. Halldorson Office: 4L04D Lockhart Hall
Telephone: 786-9432 email: m.halldorson@uwinnipeg.ca
Office Hour: By appointment Lectures: 4C40, MWF @ 8:30

Textbooks: Psychology In Modules (12th Edition). D. G. Myers & C. N. DeWall, (2018).

Supplemental readings may be assigned in class.

LaunchPad: <http://www.macmillanhighered.com/launchpad/myers12einmodules/8478773>

LaunchPad for your textbook is an online learning environment that integrates an interactive e-Book, activities, communication tools, an assignment centre, and grading system. To access LaunchPad for this course you will need to register the activation code found on the access card that was included with the purchase of your textbook.

Steps to register for LaunchPad:

1. Go to <http://www.macmillanhighered.com/launchpad/myers12einmodules/8478773>
2. Enter your code in the “New Student Registration” textbox, click “Submit”, and follow the instructions.
3. If you have any problems, please contact Technical Support. Representatives are available 24 hours a day, 7 days a week at the Support Center (<http://support.bfwpub.com/supportform/form.php>) by chat or through their online form. Or from 9 a.m. to 3 a.m. EST, 7 days a week by phone at (800)936-6899.

Subject Pool: Karen Barkhouse Office: 4L41A Lockhart Hall
Telephone: 786-9744 email: k.barkhouse@uwinnipeg.ca

Calendar Description:

This course provides an introduction to the scientific analysis of behaviour and mental activity from the biological, social, and individual perspectives. Major topics include the following: perception, motivation, learning, memory, intelligence, personality, states of consciousness, social interaction, developmental processes, hereditary and environmental influences, abnormal psychology, therapeutic methods, and procedures for collecting and summarizing data. Students are expected to participate directly or indirectly in the Department's ongoing research program. This course is prerequisite for all other Psychology courses.

Mechanics of the Course:

The topics in this course will be taught primarily through lectures; however, the normal activities of the class will not be limited to lectures. Demonstrations, videos, and short exercises will also be used to supplement the topics discussed in class. Students are responsible for all missed material. Arrangements to obtain any missed material must be made with other students in the class, not the instructor or TA.

Evaluation:

For all tests and exams, students will have use of a calculator, and where English is not your first language, you *may* be permitted to bring a *translation-only* dictionary (i.e., with no word definitions). You must submit your translation-only dictionary to me for approval before the test date. Please bring Photo-ID to all tests and exams.

A. Tests – Each term there will be two term tests. Term tests are *non-cumulative* and will cover all class activities (e.g., lectures, videos, etc.) and assigned readings since the preceding term test. Tests will be given during a regular class meeting and consist of approximately 60 multiple-choice questions.

Value: 4 x 10% = 40%

B. Exams – Each term there will also be a term exam. Term exams are *cumulative* and will cover all material presented in the immediately preceding term. More questions, however, will be asked about topics from the final chapters that are not included in either term test. Exams are scheduled for the corresponding Fall/Winter Term evaluation period and will consist of approximately 120 multiple-choice questions.

Value: 2 x 25% = 50%

C. Test and Exam Dates

Fall Term

Test #1 – Wednesday, October 3, 2018
Test #2 – Wednesday, November 7, 2018

Fall Exam – Thursday, December 13, 2018

Winter Term

Test #3 – Monday, February 4, 2019
Test #4 – Friday, March 8, 2019

Winter Exam – Wednesday, April 17, 2019

D. Make-ups – **Students will be allowed to write a make-up test if absent with good reason on a test date. Absences from tests will be excused for reasons relating to sickness, death in the family, or religious holidays. Make-ups will be given full value upon receipt of an adequate letter from a physician, member of the clergy, or undertaker, whatever the case may be. For any other reason, make-ups will be given but with 10 percentage points automatically dropped from the earned number of percentage points. If a test is not made up, you will automatically receive the equivalent of 25% correct which is the expected value under conditions of pure guessing. Such a mark is referred to as a “default”. All make-ups, whether at full value or with penalty, are to be written within seven days of the original test date, because there is a delay penalty of 10 percentage points per week thereafter from the earned number of percentage points. Requests for writing a make-up of any type are to be made in the form of a letter and contain the reason for missing the test and all relevant dates. Note that if a make-up appointment is missed, you will be assigned a default value of 25% correct.**

E. LearningCurve Activities – LaunchPad includes an adaptive quizzing engine called LearningCurve. LearningCurve facilitates your retention and understanding of course material through an approach known as “testing-to-learn”. To help you take full advantage of this learning approach, I will assign LearningCurve activities for each of the assigned readings in the textbook, and I will allow you to earn up to 10% (5% each term) of your final grade for completing these activities. Each LearningCurve activity you complete will earn you 1 point (Sorry, I will not award partial points.), and you will be able to earn a maximum total of 20 points each term. I will then determine your grade for LearningCurve activities by calculating the percentage of LearningCurve activities you complete out of a combined maximum total of 40 points across both terms. For example, if a student completes 12 activities out of the maximum total of 20 in the first term, and 18 activities out of the maximum total in the second term, then the student would receive a grade of 75% for LearningCurve activities [i.e., $(12 + 18) / (20 + 20) = 30/40 \times 100 = 75\%$]. Note that I will assign more than the maximum total of 20 LearningCurve activities in each term. This means that you can miss up to 10 Learning Curve activities over the duration of the course and still earn a 100% for these activities.

The “Upcoming Assignments” section on the LaunchPad Welcome screen as well as the course home page lists the assigned LearningCurve activities and their due dates. You are responsible for completing the LearningCurve activities before they are due. This policy will help to insure that your work on the course material is both timely and beneficial. Note that LearningCurve assignments will disappear from LaunchPad after their due dates, and once they are gone, they will NOT be made available to you again.

Do not wait until the last minute to complete LearningCurve assignments.

Value: 2 x 5% = 10%

F. Research Requirement – Pass or Fail (A failure results in a lowered final grade).

Grading Procedure:

The maximum number of points possible for this course is 100. A numerical score out of 100 will be determined for each student by totalling the points he or she has earned on the tests and exams. The numerical score determined in this way will be converted to a letter grade according to the following scale: [**The cut-offs are tentative and subject to change in either direction by (i) the course instructor, (ii) the Departmental Review Committee, or (iii) the Senate.**]

The translation from marks to letter grades in this course is as follows.

A 86 and over	B+ 75 - 79	C+ 65 - 69	D 50 - 59
A- 80 - 85	B 70 - 74	C 60 - 64	F 0 - 49

A+ at instructor's discretion

Example of Grade Determination:

The following table illustrates the grade calculations.

<u>Component</u>	<u>Weight</u>	<u>Mark</u>	<u>Mark X Weight/100</u>
Test #1	10%	72%	7.2
Test #2	10%	68%	6.8
Fall Exam	25%	70%	17.5
Test #3	10%	68%	6.8
Test #4	10%	72%	7.2
Winter Exam	25%	78%	19.5
<u>Learning Curve</u>	<u>10%</u>	<u>75%</u>	<u>7.5</u>
Total	100%		72.5 = 73 Mark

The student in this example would receive a letter grade of B.

The Voluntary Withdrawal (W) date for this course is **Friday, February 15, 2019**. Please read the appropriate items in Section VII of the General Calendar dealing with Senate regulations on withdrawal dates, appeals, plagiarism, cheating, and academic misconduct.

Classroom Etiquette:

- A. Cell phones and communication devices must be OFF and OUT OF SIGHT in the classroom—until you are back in the hallway!
- B. LAPTOPS: Strictly for note taking. No checking or sending of messages—until you are back in the hallway!
- C. No talking or whispering to your neighbour. You are expected to change your seat in future classes to avoid a persistent chatty neighbour. It is otherwise too disruptive to me and to others in the class. When I am lecturing, I expect your attention and your courtesy.
- D. Always inform me before class if you must be leaving class early, and sit near the exit. (Otherwise, early departures can be quite disruptive, no matter how carefully you try to arrange your departure, the door makes noise.)
- E. Believe it or not, most professors do welcome questions in class. Me too.

Services for Students with Disabilities:

Students with documented disabilities, temporary or chronic medical conditions requiring academic accommodations for tests/exams (e.g., private space) or during lectures/laboratories (e.g., access to volunteer note-takers) are encouraged to contact Accessibility Services (AS) at 786-9771 or email accessibilityservices@uwinnipeg.ca to discuss appropriate options. Specific information about AS is available on-line at <http://www.uwinnipeg.ca/accessibility>. All information about a student's disability or medical condition remains confidential.

University Policies:

We ask that you please be respectful of the needs of classmates and instructors/professors by avoiding the use of unnecessary scented products while attending lectures. Exposure to scented products can trigger serious health reactions in persons with asthma, allergies, migraines or chemical sensitivities. Please consider using unscented necessary products and avoiding unnecessary products that are scented (e.g. perfume).

Students who plan to conduct research interviews, focus groups, surveys, or any other method of collecting data from any person, even a family member, must obtain the approval of the appropriate ethics committee before commencing data collection. Exceptions are research activities in class as a learning exercise. See <http://www.uwinnipeg.ca/research/human-ethics.html> for submission requirements and deadlines.

All students, faculty and staff have the right to participate, learn and work in an environment that is free of harassment and discrimination. The UW Respectful Working and Learning Environment Policy may be found online at <http://www.uwinnipeg.ca/respect>.

Students may choose not to attend classes or write examinations on holy days of their religion, but they must notify their instructors at least two weeks in advance. Instructors will then provide opportunity for students to make-up work and/or examinations without penalty. A list of religious holidays can be found at: <http://uwinnipeg.ca/academics/calendar/docs/important-notes.pdf>

Students facing a charge of academic or non-academic misconduct may choose to contact the University of Winnipeg Students' Association (UWSA) where a student advocate will be available to answer any questions about the process, help with building a case, and ensuring students have access to support. For more information or to schedule an appointment, visit our website at www.theuwsa.ca/academic-advocacy or call 204-786-9780.

Tentative Course Timetable

Term 1, Fall 2018

Week of	Topic	Readings
Sept 03	Introduction	1
Sept 10	History and Perspectives	2, 3
Sept 17	Critical Thinking	4, 5
Sept 24	Biology of Mind	6
Oct 01	Biology of Mind	
Wed Oct 03	Test #1 (10%)	1 - 6
Fri Oct 05	Nature-Nurture	
Oct 08	<i>Fall Term Reading Week.</i> <i>No Classes, Oct 8 - 12.</i>	10, 11
Oct 15	Human Diversity and Sensation	17, 18
Oct 22	Sensation and Perception	19, 7
Oct 29	States of Consciousness	8, 9
Nov 05	States of Consciousness	
Wed Nov 07	Test #2 (10%)	7 - 11, 17 - 19
Fri Nov 09	Human Development	13
Nov 12	Human Development	14, 15
Nov 19	Human Development and Social Psychology	16 41, 42
Nov 26	Social Psychology	43, 44
Mon Dec 03	Last Lecture, Term 1	
Thurs Dec 13	Exam #1 (25%), Room: 4C40, 1:30 PM.	1 - 11, 13 - 19, 41 - 44

The course timetable is only a guide to topics, as some topics may be added or deleted as time dictates.

Timetable continues on the next page ...

Tentative Course Timetable

Term 2, Winter 2019

Jan	07	Learning	20,21
Jan	14	Learning and Memory	22,23
Jan	21	Memory	24,25
Jan	28	Memory and Intelligence	28,29, 30
Mon	Feb 04	Test #3 (10%)	20 - 25, 28 - 30
Feb	04	Motivation (Theory)	32
Feb	11	Motivation (Hunger and Sex)	33,34
Feb	18	Winter Reading Week. No Classes, Feb 18 - 22.	35,36
Feb	25	Motivation (Achievement) and Emotion	37,38
Mar	04	Emotion and Stress	39
Fri	Mar 08	Test #4 (10%)	32 - 39
Mar	11	Personality	45,46
Mar	18	Personality and Psychological Disorders	47,48,49
Mar	25	Psychological Disorders	50,51
Apr	01	Therapy	53,54
Tues	Apr 04	Therapy	55
Fri	Apr 05	Last Lecture, Term 2	
Wed	Apr 17	Exam #2 (25%), Room: 4C40, 9:00 AM.	20 - 25, 28 - 30, 32 - 39, 45 - 51, 53 - 55

The University is closed for holidays and there are no classes on the following dates:

September 3, 2018 (Labour Day)
October 8, 2018 (Thanksgiving)
November 11, 2018 (Remembrance Day)
December 22, 2018 - January 2, 2019 (December break)
February 18, 2019 (Louis Riel Day)
April 19, 2019 (Good Friday)

The course timetable is only a guide to topics, as some topics may be added or deleted as time dictates.

Fall-Winter 2018-2019, INTRODUCTORY PSYCHOLOGY RESEARCH REQUIREMENT

Psychology is a data-driven discipline. To become better acquainted about how data is gathered and interpreted, all introductory psychology students are required to participate in research studies and/or review research articles. This requirement promotes a deeper understanding of course content and the scientific process. If you choose to participate as a research subject, your time and efforts will be much appreciated by the 30 or so Psychology honours students who must complete a research thesis to graduate.

We want your participation to be an interesting learning experience and are interested in your feedback. Concerns and questions about this requirement can be directed to the coordinator, **Karen Barkhouse**, not your professor, **Office 4L41A, 786-9744, k.barkhouse@uwinnipeg.ca**.

In brief, you must obtain at least **6.0 research credits (4.0 credits for Evening classes)**, tracked on-line and recorded in a program called SONA, which can be accessed once you've responded to an e-mail notification in your webmail account. As long as you are registered in this course you'll also see a course listed in Nexus for the Introductory Psychology Research Requirement (Instructor K. Barkhouse). This course link includes the SONA link and journal articles if you need them.

THREE WAYS TO OBTAIN CREDITS

1. **Be an active participant in a research study: Variable credit values.** Choose from posted studies in SONA and sign-up for an appropriate time slot (*not during your PSYC 1000 class time*). Read the study description and requirements, carefully noting pre-requisites and eligibility (e.g., some studies may require only red-headed males owning pet turtles). Studies taking less than 30 minutes are worth 0.5 of a credit and those between 30 and 60 minutes are worth 1.0. Some longer or two-part studies are worth more than 1.0 credit. Some studies take place on-campus or 'in-lab' and others are classified as 'on-line studies' which are completed on a computer at home. A maximum of 4.0 credits can be from the on-line type studies and SONA will not allow you sign up for another on-line study if your account would exceed the 4.0 maximum. Please cancel any sign-up that you cannot attend, even if it is an on-line survey, so another participant can take your space, and to avoid a 'no-show' penalty.
2. **Journal Article Review: 1.0 credit value each.** Read and answer questions on pre-selected journal articles; see the list below. They are posted on your Research Requirement **Nexus site** and are also on reserve at the Library. Complete instructions are on the Article Review Form. Reviews essentially summarize the research findings in the psychology article, are graded on a PASS/FAIL basis, and the credit from acceptable reviews are posted in your SONA account. Note: An article review credit is not the same as an on-line study credit.
3. **Observer Status:** The observer-only option is for students who want to participate in a study but prefer to not have their results used. Observers do everything that active study participants do; however, they must inform the researcher in advance that they are opting for only observer status. The researcher will then not use their results. Although this option is available for most studies, some studies cannot accommodate observers.

SELECTION OF JOURNAL ARTICLES TO REVIEW

1. Berridge et al., C. W. (2016). Liking, wanting, and the incentive-sensitization theory of addiction. *American Psychologist*, 71, 670–679.
2. Dolinski, D. et al (2017). Would you deliver an electric shock in 2015? Obedience in the experimental paradigm developed by Stanley Milgram in the 50 years following the original studies. *Social Psychological and Personality Science*, 1-7. DOI: 10.1177/1948550617693060
3. Fredrickson, B. (2003). The value of positive emotions: The emerging science of positive psychology is coming to understand why it's good to feel good. *American Scientist*, 91, 330-335.
4. Haslam, N. (2015). Biogenetic explanations of mental disorder: The mixed-blessings model. *Current Directions in Psychological Science*, 24, 399–404.
5. Melzack, R. (1992, April). Phantom limbs. *Scientific American*, 120-126.
6. Nairne, J.S. et al. (2017). Remembering the living: Episodic memory is tuned to animacy. *Current Directions in Psychological Science*, 26, 22 – 27.
7. Rapp, D.M. (2016). The consequences of reading inaccurate information. *Current Directions in Psychological Science*, 25, 281-285.
8. Rodier, P.W. (2000, February). The early origins of autism. *Scientific American*, 56-63.
9. Soto, C. J. et al. (2015). Personality traits in childhood and adolescence: Structure, development, and outcomes. *Current Directions in Psychological Science*, 24, 24, 358–362.
10. Steele, C. M. (1999, August). Thin ice: "Stereotype threat" and black college students. *The Atlantic Monthly*, 44-54.

INITIAL SETUP

If you're registered in the class, then a SONA account will be automatically set up for you. During the first week of classes your university webmail will receive an e-mail message containing a user ID and a temporary password to activate your SONA account. Your very first login will require the temporary password and you'll also be asked to create your own password to use going forward. (The procedure is the same for a forgotten password.) In SONA, for anonymity, you are known to researchers only by a unique 5-digit Identity Code and you're going to need this code when participating in any study. Activating your account also involves completing a very short pre-screen questionnaire because occasionally certain studies might filter participant eligibility based on pre-screen responses. ***If you do not receive an e-mail with your user ID by the end of September, contact the coordinator, not your professor! Many common questions are answered in SONA's FAQ (frequently asked questions).***

MISSED APPOINTMENTS

To respect people's time, and to not disadvantage other students, please cancel appointments that you cannot attend -- ***even the on-line ones*** -- you don't need to give a reason. Researchers will do the same. Appointment reminders are always e-mailed to you the night before your session. If you don't cancel before your appointment SONA automatically assesses you a no-show penalty (a minus) equal to the credit value of the study. Cancelling in SONA is easy as long as it is before the cancellation deadline, in which case let the coordinator know by e-mail or telephone k.barkhouse@uwinnipeg.ca or 204-786-9744, or the dept. office.

CALCULATION OF CREDITS AND PENALTIES

The 'Credits Earned' number shown on your SONA profile is your running total, including any credit penalties assessed against you. The 'Credits Needed' number is the assignments total credit requirement not the amount of credits that *you* still need. The number of credits you still need is the difference between credits earned and credits needed. A credit-penalty is the loss of that study's credit value due to a no-show. For example, if you signed up for a study but you didn't show up and you didn't cancel in SONA, then the result is two-fold, no credit is earned for that study, *plus* the credit value for that missed study is ***deducted*** from your account.

WHEN TO START AND FINISH

Credits must be earned by Tuesday, April 10, 2019. You can start looking at SONA as soon as possible. Research studies can begin in September and continue up until the end of the course in April 2019. However, you will find that the majority of studies will run in the second term. If you log into SONA and don't see studies, then none are available at the moment, or timeslots of recent studies are all full ... keep checking. Throughout the year you may receive emails when a new study is posted. If at the end of term you find yourself short of credits you can make them up by doing article reviews. *If you drop this course and are still receiving SONA messages, just send the coordinator a quick note to remove you.*

HOW THIS ASSIGNMENT AFFECTS YOUR GRADE

To PASS this assignment, students in the daytime sections must earn at least 6.0 research credits in SONA. Within the 6.0 credits you may earn any amount from 'on-campus' SONA studies (the in-person ones) and you may earn any amount of credits from article reviews, however, you will not be able to sign up for more than 4.0 credits in 'on-line' SONA studies. You can certainly earn less than 4.0 in on-line studies, but once your account reaches 4.0 credits from on-lines studies, the other 2.0 must be in on-campus studies or article reviews. In the unlikely event the supply of research available is too low; your instructor will inform you of any reductions in the total research credit requirement by the final drop date. The 6.0 research credit requirement will never be increased. You may exceed the total requirement but once you have 6.0 or more, you are finished and you can leave the spots for others. After April 10th, 2019 your credit total is reported to your professor. ***If you fail to earn 6.0 credits your final mark in the course is reduced by one letter grade; for example, from A+ to A, B to C+, or C+ to C. For students who would otherwise receive a D grade before the penalty is applied, the penalty shall be a 1% grade reduction for each credit missed.***