

PSYC 1000-050: Introductory Psychology
Monday 6:00 pm – 9:00 pm in 1L11
Fall/Winter 2017/2018
Course Outline

Instructor: Tamara A. Sucharyna

Email: t.sucharyna@uwinnipeg.ca

Office: Lockhart Hall, 4L17 North

Office Hours: Before and after class **by appointment only**, or at a mutually agreed upon time

Mailbox: Psychology main office, Lockhart Hall, 4L41

Course website: Nexus (<https://nexus.uwinnipeg.ca/>)

Research Coordinator

Karen Barkhouse

Office: 4L41A

Email: k.barkhouse@uwinnipeg.ca

Tel: 204-786-9744

Course Description

Welcome to Introductory Psychology, a full-year course intended to introduce students to the major areas of study within psychology. This course is designed to provide students with a broad understanding of psychology from a biological, cognitive, and social perspective. We will focus on well-substantiated research and current trends related to the scientific method, brain and behaviour, sleep, perception, memory, emotion, social interactions, human development, personality, and psychological disorders such as depression and schizophrenia.

Course Objectives

Students all too frequently walk into an introductory psychology classroom and wonder what else they could possibly learn, after all, isn't psychology just common sense? On the contrary, many of students' assumptions will be challenged in this course. Whether you are taking this course because you have a genuine interest in psychology, need to fulfill a prerequisite, or because you simply need the credit, chances are that you will be amazed by how much of your daily life can be explained by psychology and not the oversimplified "pop" psychology that we often hear about in the media.

In the most general sense, psychologists seek to address the question *why do people behave the way they do?* There isn't one simple answer though. Psychology is a science comprised of many subfields, each with its own theories and explanations for human behaviour. To give an example, some psychologists explain human behaviour by addressing the way certain parts of the brain control certain functions, whereas other psychologists might look to our personalities or how other people affect our behaviour. You should expect to have a good foundational understanding of all the major areas of psychology by the end of this course.

Required Text

Krause, M., Corts, D., Smith, S., & Dolderman, D. (2017). *An Introduction to Psychological Science*, (2nd Canadian Edition). Pearson. (ISBN: 978-0-13-430220-1).

New textbooks come with MyPsychLab (ISBN-978-0-13-462062-6). MyPsychLab gives students access to a variety of helpful study resources, such as an e-text and chapter quizzes. MyPsychLab is not mandatory and no extra marks will be earned for completing the chapter quizzes – it is to be used as a study tool.

Class Format

Course material will be delivered primarily through lectures, videos, in class discussions, and corresponding textbook readings. To facilitate better understanding of the course content and to actively participate in class, students are encouraged to read the assigned textbook readings prior to class. Lectures will be presented in PowerPoint format. Please note that **I am under no obligation to post my PowerPoint notes**; they are intended to assist you and not replace your personal notes. These materials are subject to copyright.

Course Requirements

Term Tests: Students will be evaluated by their performance on 6 non-cumulative term tests, weighted equally (16.67 % x 6 tests = 100%). This means that the term tests will only cover the material assigned during that unit. Term tests will consist of multiple-choice questions. Test questions will be based on the textbook, lectures, assigned readings, videos etc. Although much of the text and lectures will coincide, there will be several occasions when information in the text is not covered in class and information covered in class will not be in the text.

Research Requirement: All students are expected to fulfill the psychology research requirement (see SONA document on NEXUS). Failure to do so will result in a whole letter grade reduction in the final mark in the course (e.g., A to A-, A- to B+, etc.). At the start of term, you will be given a demonstration on how to use SONA. You will also receive an email about how to register your SONA account, which tracks your research participation credits and lists open experiments for which you may register. Links to SONA can be found in Nexus. If you do not receive an email with your user ID by the end of September, contact Karen Barkhouse, Research Coordinator at k.barkhouse@uwinnipeg.ca, not your instructor.

Credits must be earned by Wednesday, April 11th, 2018

Office hours: I will hold office hours before and after class **by appointment only**, or at a mutually agreed upon time. My office is located at 4L17 North (i.e., 4th floor of the Lockhart building in room 17). **Appointments are mandatory.** Students may make an appointment through email or by speaking to me in person.

Grading Scheme

Example of Grading

		Test	% Earned	% Towards Final Grade (% x 16.67%)
A+	95 – 100			
A	85 – 94	1	70 (B)	11.67
A-	80 – 84	2	58 (D)	9.67
B+	75 – 79			
B	70 – 74	3	74 (B)	12.34
C+	65 – 69	4	80 (A-)	13.34
C	60 – 64			
D	50 – 59	5	70 (B)	11.67
F	0 – 49	6	56 (D)	9.34
		Final grade:		68.03 (C+) with completion of the research requirement. Final grade of C without completion of the research requirement.

A final percentage grade will be rounded up if it is .5 or more, and downward if it is .499 or less. For example, a final score of 79.5% would be rounded up to 80%, but a score of 79.3% would be rounded down to 79%. The cut-offs and letter grades are tentative until approved, and can be adjusted by the Instructor, the Departmental Review Committee, or the University Senate, when circumstances warrant. Cut-offs may be decreased or increased in either direction.

Course Schedule & List of Topics

This schedule is *tentative*. Topics may be extended, added, or omitted (and tests modified accordingly).

Date	Topic	Chapter
Sept. 11	Syllabus Review, Course Introduction	-
Sept. 18	SONA demonstration/ Introducing Psychological Science	- 1
Sept. 25	Reading & Evaluating Scientific Research	2
Oct. 2	Biological Psychology	3
Oct. 9-13	Fall Reading Week/No Class	-
Oct. 16	Biological Psychology/Review	3
Oct. 23	Test #1	(1-3, lectures)
Oct. 30	Sensation & Perception	4
Nov. 6	Consciousness/Review	5
Nov. 13	Test #2	(4-5, lectures)
Nov. 20	Learning	6
Nov. 27	Memory	7
Dec. 4	Thought & Language/Review	8
Dec. 11	Test #3	(6-8, lectures)
Dec. 22 – Jan. 2	Winter break/No Class	-
Jan. 8	Intelligence Testing	9
Jan. 15	Lifespan Development	10
Jan. 22	Motivation & Emotion/Review	11
Jan. 29	Test # 4	(9-11, lectures)
Feb. 5	Personality	12
Feb. 12	Social Psychology	13
Feb. 19-23	Winter Reading Week/No Class	-
Feb. 26	Social Psychology/Review	13
March 5	Test #5	(12, 13, lectures)
March 12	Health, Stress, & Coping	14
March 19	Health, Stress, & Coping	14
March 26	Psychological Disorders	15
April 2	Therapies/Review	16
April 9	Test #6	(14-16, lectures)

Important Dates

Thanksgiving: Oct. 9, 2017 - University closed

Fall reading week: Oct. 9-13, 2017 – no class

Remembrance Day: Nov. 11, 2017 – University closed

Last day of Fall term lectures: Dec. 4, 2017

Winter break: Dec. 22, 2017 – Jan. 2, 2018

Deadline for voluntary withdrawal without academic penalty: Feb. 14, 2018

Winter reading week: Feb. 19-23, 2018 – no class

Last day of Winter term lectures: April 4, 2018

Deadline to earn research credits: April 11, 2018

Policies on Missed Tests

Students who miss a test are not guaranteed to write a make-up test. I will only make accommodations in the following instances:

Planned absences: Students may choose not to attend classes or write tests on holy days of their religion, but they must notify me *at least two weeks* in advance. I will then provide opportunity for students to make-up work and/or examinations without penalty. A list of religious holidays can be found at:

<http://uwinnipeg.ca/academics/calendar/docs/important-notes.pdf> Students who are on a University sports team must provide documentation that the competition conflicts with the exam date(s).

Unforeseen absences: Students are responsible for contacting me before the test date or within 24 hours of a missed test when the absence is unforeseeable (e.g., illness, injury, challenging personal circumstances beyond the student's control). *Please note: Students must have a valid reason for their absence and provide valid documentation supporting the reason for their absence.* Students who miss a test because of illness must provide a letter on office letterhead from their physician or other health care provider stating that the student was not able to write the test on the scheduled date. Documentation is also needed for challenging personal circumstances. Depending on the circumstance students may provide a letter on appropriate letterhead from a counselor, lawyer, etc.

Make-up tests or extra assignments are not given on the basis of receiving a "less than expected" grade. Failing to write a test due to feeling unprepared, sleeping in, forgetting there was a test, or scheduling a vacation during class time are also not eligible excuses to write a make-up test.

Test Protocol

Students are required to **present their U of W student ID** card when writing tests. Under circumstances where a student has lost his/her student ID a driver's license or passport will also be accepted as identification. Students are required to present their identification and sign-in when handing in their test.

Absolutely no cell phones, computers, class notes, textbook, dictionaries, electronic translators, etc. are to be accessed by the student during a test. Cell phones are to be silenced (not set to vibrate) or turned off during tests.

Please bring a pencil and eraser to each test. Bubble sheets must be completed in pencil.

Test grades will be posted on Nexus roughly 10 business days after the test.

Reviewing Tests

You may review your test at mutually agreed upon time. Sometimes students feel that more than one answer on a test question is defensible. If you believe this to be the case, you may justify your response in writing, citing material from the textbook and/or the lecture to support the answer you believe is correct. **These and any other issues with a test must be resolved *before* writing the next test, as per the University of Winnipeg policy.**

I believe my tests are fair and include questions representative of course content. Prior to posting test grades I evaluate each test question to determine whether it was a fair question or whether it was in need of improvement (e.g., question or answers were worded ambiguously). I take this information into account when grading tests.

Classroom Expectations

Cell phones and other electronic devices (e.g., iPods) must be silenced (not set to vibrate) or turned off during class. These devices pose a distraction to classmates and the me. Talking or whispering to classmates during lectures is also unacceptable. If you arrive late to lecture or must leave early from lecture please take a seat near the doors so as not to disrupt lecture.

Recording of lectures prohibited: Students may not record or distribute course material in whole or in part in any format (e.g., audio, visual text) without permission from Tamara Sucharyna. Course materials (both paper and digital) are for students' private study. Students distributing unauthorized course material violate the textbook authors' and my intellectual property rights, and the Canadian Copyright Act. I will speak to those who violate this rule and students will be reprimanded if the misconduct is continued. Please be aware that **posting my lectures slides online is not acceptable.**

A safe environment: Please be respectful of the needs of classmates and instructors/professors by avoiding the use of unnecessary scented products while attending lectures. Exposure to scented products can trigger serious health reactions in persons with asthma, allergies, migraines, or chemical sensitivities. Please consider using unscented necessary products and avoiding unnecessary products that are scented (e.g., perfume).

All students, faculty and staff have the right to participate, learn and work in an environment that is free of harassment and discrimination. The UW Respectful Working and Learning Environment Policy may be found online at www.uwinnipeg.ca/respect.

Correspondence Expectations

For privacy and confidentiality reasons students *must* use their U of W email for all email communications with me. Please include "Introductory Psychology or PSYC 1000" in the subject line. Please include a salutation (i.e., Hello, Good morning....) and your full name. I will respond to your email within 48 hours during the school week and during normal business hours. I will not return emails that do not conform to the above conditions.

Class-wide announcements, course material, and grades will be posted on Nexus. Students can access Nexus with their WebAdvisor user name and password. It is the student's responsibility to check Nexus frequently.

University of Winnipeg Information

Students should be familiar with the Regulations and Policies section of the *Course Calendar* dealing with academic regulations and policies, including Senate appeals and academic misconduct (e.g., plagiarism, cheating): <http://uwinnipeg.ca/academics/calendar/docs/regulationsandpolicies.pdf>

Students facing a charge of academic or non-academic misconduct may choose to contact the University of Winnipeg Students' Association (UWSA) where a student advocate will be available to answer any questions about the process, help with building a case, and ensuring students have access to support. For more information or to schedule an appointment, visit: www.theuwsa.ca/academic-advocacy or call 204-786-9780.

Students with documented disabilities, temporary or chronic medical conditions, requiring academic accommodations for tests/exams (e.g., private space) or during lectures/laboratories (e.g., note-takers) are encouraged to contact Accessibility Services (AS) at 204-786-9771 or accessibilityservices@uwinnipeg.ca to discuss appropriate options. All information about a student's disability or medical condition remains confidential <http://www.uwinnipeg.ca/accessibility>.

Welcome to Introductory Psychology!