

PSYC 1000-007
UW FW Term 2021-22
MWF 12:30-1:20
NEXUS+/HYBRID ONLINE

Introduction to Psychology

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Your Instructor (Fall Term, Sep-Dec 2021)



Dr. Michelle Crease Lark

I completed my PhD in Cognitive Science at the University of British Columbia. I specialize in memory for plans and future activities, and have been teaching at U of W since 2017. I enjoy teaching and am here to help you learn!

Office Hours: Wednesdays, 1:30-2:30pm via Zoom (link below)

Email Address: m.creaselark@uwinnipeg.ca

NOTE: Your instructor for Winter Term (Jan-Apr, 2022) will be Dr. Jacy Young (email: jl.young@uwinnipeg.ca)

Zoom Office Hours

Link: <https://us06web.zoom.us/j/81432042540>

Meeting ID: 814 3204 2540

Time: Wednesdays, 1:30-2:30PM

Passcode: 311548

Lectures

The first day of class is Wednesday, September 8th, 2021. The last class (for Fall term) will be held on Monday, December 6th, 2021. This course is listed as **HYBRID ONLINE**, meaning it will include a combination of pre-recorded lectures and live in-class sessions. (See course schedule on page 6 for more information about live class meetings)

In order to be successful in this course, you should plan to watch and participate in every lecture. Lectures will typically be pre-recorded and posted online on the Nexus site, available for viewing at any time. **Do not wait to watch all the lectures immediately prior to tests.** According to the principles of distributed practice, long-term retention of information improves significantly if information is studied in several spaced-out learning sessions¹. You'll find the pre-recorded lectures on the Nexus website under: Content → Videos → UW Panopto Recordings

Course Description and Learning Goals

This course provides an introduction to the scientific analysis of behaviour and mental activity from the biological, social, and individual perspectives. Major topics include the following: perception, learning, memory, states of consciousness, hereditary and environmental influences, and procedures for collecting and summarizing data (with more topics to be covered in Winter term). Students are expected to participate directly or indirectly in the Department's ongoing research program. This course is a prerequisite for all other Psychology courses.

Learning Goals:

1. Recognize important people and describe perspectives in the history of psychological science
2. Understand and explain good psychological science research practices
3. Describe theories and research on sensation/perception, consciousness, language, learning, memory & thinking
4. Identify how neural structures are connected to various psychological processes
5. Appreciate applications of psychological science to everyday life

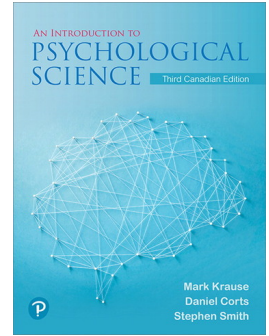
The course delivery method is listed as HYBRID ONLINE. The majority of lectures will be pre-recorded and posted on Nexus; however, **you must be available during class time** for scheduled tests and/or review sessions.

Learning Tools

Required Textbook:

Krause, M., Corts, D., Smith, S., & Dolderman, D. (2021). *An Introduction to Psychological Science: 3rd Canadian Edition*.

If you use another edition of the textbook, there may be differences in material, and the page numbers for assigned readings will not be consistent with what is listed in this syllabus. You may purchase a hard copy (used or new) or the electronic only version at bkstr.com/winnipegstore/shop/textbooks-and-course-materials



Course Website:

The Nexus website is: nexus.uwinnipeg.ca/d2l/home/39107. This site is where I will post recorded lectures and where your online tests will take place. Other course materials (e.g., this syllabus, as well as any additional readings or supplemental activities) will also be posted here.

Other Materials:

Electronic device with a webcam (e.g. smart phone, laptop) and high-speed Internet connection; see notice of Zoom proctoring on page 5.

Grades

Letter Grade	Grade Range
A+	Instructor's discretion
A	85% and above
A-	80-84%
B+	75-79%
B	70-74%
C+	65-69%
C	60-64%
D	50-59%
F	0-49%

Requirement	Date	Percentage
Term Test 1	Oct 4	30%
Term Test 2	Nov 8	30%
Term Test 3	TBD	35%
Lecture Quizzes	Ongoing	5%
	Total	100%

"Taking a memory test not only assesses what one knows, but also enhances later retention, a phenomenon known as the testing effect"

-Henry L. Roediger III

NOTE: Grade cut-offs are tentative and subject to change in either direction by:

- i) the instructor
- ii) the departmental review committee
- iii) the Senate

NOTE: Your final grade for the course will be comprised of 50% of the Fall term requirements and 50% of the Winter term requirements.

Subject Pool Requirement

All students are expected to fulfill the subject-pool requirement by completing six credits worth of psychology experiments. Failure to complete all 6 credits will result in your final grade being dropped one letter grade (e.g., from an A- to a B+).

Please see attached sheets at the end of this course outline (following the course schedule) for more subject-pool information.

Subject Pool Coordinator: Karen Barkhouse; email: k.barkhouse@uwinnipeg.ca

Term Tests

The term tests are **synchronous, closed-book** assessments delivered on Nexus **during class time**. This means that you must be present during our allotted class time and are not allowed to consult your textbook, study notes, or outside sources on the Internet. Any exceptions will be stipulated by the instructor.

Term Test 1 (Oct 4) and Term Test 2 (Nov 8) are each worth 30% of your grade for the fall session, and Term Test 3 (date TBD; during the final exam period) is worth 35%.

Each test will be composed similarly, mostly multiple-choice questions as well as some short answer questions. Tests will include material from lectures and the textbook. The Term Tests are **not cumulative**. Consult the course schedule (on page 6) for details regarding the material covered on each term test.

NOTE: Dates and details for Winter Term Exams/Tests will be provided by your Winter Term instructor in January

Lecture Quizzes

I will include quiz questions that are integrated throughout the lecture videos. The quiz questions are designed to ensure you are actively participating in lectures and engaging with the material, to help you review, and to test your understanding of the material. Regular testing improves your ability to later retrieve information², which will help you come the term tests.

You don't have to do anything special to access the quiz questions. They will be automatically included in the lecture videos you watch via the **Panopto Web Viewer**, which the default program when you open them in Nexus. For instructions on how to view Panopto videos, see: <https://www.uwinnipeg.ca/student-learning-technologies/docs/panopto-video-instructions.pdf>. I will allow a short grace period to allow everyone to be accustomed to the quizzes, but will begin assessing quiz participation for grades as of **Monday, September 13th, 2021**.

In order to receive credit for completing the lecture quizzes, **you must have them completed prior to the subsequent class period**. For example, the lecture quiz questions in the Monday, September 13th lecture must be completed prior to Wednesday, September 15th at 10:30AM.

The way in which grades will be assigned for the lecture quizzes is outlined in this table:

Overall Quiz Completion	Grade
≥85%	5%
70-84%	4%
55-69%	3%
40-54%	2%
25-49%	1%
<25%	0%

Example Grade Calculations

Avery received the following scores on her Tests: Test 1: 75; Test 2: 68; Test 3: 79
Lecture Quiz: 73% completed, for 4% towards her total fall term grade
Her grade for fall term would be: 74.6% or a grade of B+

Omarion received the following scores on his Tests: Test 1: 67; Test 2: 73; Test 3: 69
Lecture Quiz: 65% completed, for 3% towards his total fall term grade
His grade for fall term would be: 69.2% or a grade of C+

NOTE: Your final grade for the course will be comprised of 50% of the Fall term requirements and 50% of the Winter term requirements.

COURSE POLICIES

Behaviour Policies

Students are expected to conduct themselves in a respectful manner on campus and in the learning environment irrespective of platform being used. All students, faculty, and staff have the right to participate, learn, and work in an environment that is free of harassment and discrimination. The UW Respectful Working and Learning Environment Policy may be found online at www.uwinnipeg.ca/respect.

Missed Test Policies

If you must miss a test for a legitimate medical or compassionate reason, you must contact me before the test to let me know so that we can reschedule. You must also provide acceptable documentation as soon as possible following the test (e.g., a medical certificate from your physician). To protect your privacy, you are not required to provide details of your illness, disability or personal circumstances.

Students may choose not to attend classes or write examinations on holy days of their religion, but they must notify their instructors at least two weeks in advance. Instructors will then provide an opportunity for students to make-up work and/or examinations without penalty. A list of religious holidays can be found in the 2020-2021 Academic Calendar, in the section, Important Notes (<https://www.uwinnipeg.ca/academics/calendar/dates.html>).

If you miss an exam for any other reason (e.g., work commitments, sleeping in, forgetting there was an exam, etc.) you will receive a '0' on the exam. Make-up tests or extra assignments are not given on the basis of performance (i.e., you did not get the grade you expected). **Absolutely no exceptions will be made.**

Email Policies

If you have a question related to the course content, policies, or any concerns regarding the course, I encourage you to contact me. Emails should contain the same respect and courtesy as expected in any other interaction. Student emails are very important to me, but I am not always available to respond. Please allow 24 hours for me to respond to your email. Use the email address provided on page 1, and include **PSYC 1000** in the subject line. Each email should contain only questions that are fairly simple and for clarification purposes. Should you have more than one or two questions, or require more than simple clarification, I encourage you to set up a zoom meeting with me.

Grade Change Policies

Final letter grades are assigned per the cutoffs listed on Page 2 of this syllabus. At the end of the term, I will carefully review all students' grades. For any student that is near a letter grade cutoff, I will carefully review their work throughout the term to make a decision on whether their grade warrants a bump up. This review will assess completion of the lecture quizzes, improvement over the term, and attempts to seek help (if and when needed). My decision following this assessment is the *only* way that grades will change after they are released to you. **Any specific requests for grade bumps will be denied.**

Notice Regarding Remote Test and Exam Proctoring

You must have a device equipped with a webcam for term tests.

Tests/exams may be proctored through a live Zoom meeting and may also be recorded locally for later review. Proctors will be monitoring for any evidence of academic dishonesty. Each proctor will monitor a small group of students simultaneously. You must sit and face an engaged camera to enable monitoring. Microphones should be muted. You should have photo ID (e.g., student card) available upon request.

As part of this monitoring, please note:

- Each student's name and everything within their camera's view, including their face, body, and background, will be visible to the proctor and the other students within the group. This means that you will likely have to have **two** devices set up for the exam: one for the Zoom call, and one to take the test.
- If a student uses the chat feature, anything written will be visible to all meeting participants.
- If a student chooses to un-mute their microphone, anything said will be heard by all meeting participants.

Zoom has been configured to disable students from recording the test. After being reviewed for academic dishonesty, any recordings made will be promptly deleted if no such evidence is found. Information regarding Zoom's data collection, including a link to its privacy policy, can be found at uwinnipeg.ca/privacy/zoom-privacy-notice.html.

Student personal information is collected under the University of Winnipeg Act and 36(1)(b) of the Freedom of Information and Protection of Privacy Act. For information regarding privacy at UWinnipeg, contact Dan Elves, Senior Information and Privacy Officer, at da.elves@uwinnipeg.ca or 204.988.7538.

Academic Misconduct

Students are responsible for understanding the nature of and avoiding the occurrence of academic offenses. There is a section in the General Calendar on academic misconduct dealing with regulations on student discipline and grade appeals <http://www.uwinnipeg.ca/academics/calendar/docs/regulationsandpolicies.pdf>.

"I would prefer even to fail with honor than win by cheating"
-Sophocles

Students facing a charge of academic or non-academic misconduct may choose to contact the University of Winnipeg Students' Association (UWSA) where a student advocate will be available to answer any questions about the process, help with building a case, and ensuring students have access to support. For more information or to schedule an appointment, visit the website at www.theuwsa.ca/academic-advocacy, or call 204-786-9780.

Accessibility Services & Other Useful Resources

Students with documented disabilities, temporary or chronic medical conditions, requiring academic accommodations for tests/exams or during lectures/laboratories are encouraged to contact Accessibility Services (AS) at 204.786.9771 or <https://www.uwinnipeg.ca/accessibility-services/> to discuss appropriate options. All information about a student's disability or medical condition remains confidential

"Be strong enough to stand alone, smart enough to know when you need help, and brave enough to ask for it."
– Ziad K. Abdelnour

Other Useful Resources:

Academic Calendar: uwinnipeg.ca/academics/calendar/

Academic Advising: uwinnipeg.ca/academic-advising/index.html

Exam Schedule: uwinnipeg.ca/exam-schedules/

University of Winnipeg Students Association: theuwsa.ca

Remote learning resources: uwinnipeg.ca/covid-19/remote-learning-faq.html

References

- ¹Krug, D., Davis, T.B., & Glover, J.A. (1990). Massed versus distributed repeated reading: A case of forgetting helping recall?. *Journal of Education Psychology*, 82(2), 366-371. <https://doi.org/10.1037/0022-0663.82.2.366>
- ²Roediger, H.L., & Karpicke, J.D. (2006). Test-enhanced learning: Taking memory tests improves long-term retention. *Psychological Science*, 17(3), 249-255. doi:10.1111/j.1467-9280.2006.01693.x

Course Schedule Fall Term

This list of lecture topics is not may be modified, but is quite close to the final schedule for the fall term. The instructor reserves the right to modify this list slightly (e.g., altering the number of lectures for a given topic). Any and all changes will be announced during lecture as well as on the course website. In circumstances where in lecture announcements are not possible, an email announcement will be sent.

Dates	Topic	Assigned Readings
Sept 6, 8	Intro, History	Ch 1
Sept 13-17	Research Methods	Ch 2
Sept 20-24	Biological Psychology	Ch 3 (Module 3.1 & 3.2)
Sept 27-29	Biological Psychology	Ch 3 (Module 3.3 & 3.4)
Oct 1	Review Session for Term Test 1 LIVE DURING CLASS TIME	
<i>Thursday, September 30th University Closed (Truth & Reconciliation Day)</i>		
Oct 4	Term Test 1 LIVE DURING CLASS TIME!	Readings covered: Chapter 1-3
Oct 6, 8	Sensation & Perception	Ch 4 (Module 4.1 & 4.2)
<i>Monday, October 11th University Closed (Thanksgiving)</i>		
Oct 11, 13, 15	<i>Fall Reading Week</i>	
Oct 18, 20, 22	Sensation & Perception	Ch 4 (Module 4.3 & 4.4)
Oct 25, 27, 29	Consciousness	Ch 5 (Module 5.1 & 5.2)
Nov 1, 3	Consciousness	Ch 5 (Module 5.3)
Nov 5	Review Session for Term Test 2 LIVE DURING CLASS TIME	
Nov 8	Term Test 2 LIVE DURING CLASS TIME!	Readings covered: Chapter 4-5
Nov 10, 12	Learning	Ch 6 (Module 6.1 & 6.2)
<i>Thursday, November 11th University Closed (Remembrance Day)</i>		
Nov 15, 17, 19	Learning Memory	Ch 6 (Module 6.2 (Cont.) & 6.3) Ch 7 (Module 7.1 & 7.2)
Nov 22, 24, 26	Memory	Ch 7 (Module 7.2 (cont.) & 7.3)
Nov 29, Dec 1, 3	Thinking & Language	Ch 8
06-Dec	Review Session for Term Test 3 LIVE DURING CLASS TIME	
TBD-During Final Exam Period	Term Test 3	Readings covered: Chapter 6-8

NOTE: Because this is a FW Course beginning in September 2021 and end in April 2022, the voluntary withdrawal date is February 16, 2022.